



Typical Wound Care

1. Wash the wound gently twice a day with soap and water.
2. Apply a thin layer of antibiotic ointment after washing. (Bacitracin, Neosporin or triple antibiotic ointment will work.)
3. It is OK to take a shower or a short bath, but prolonged soaks or exposure to dirty water are not a good idea. If swimming is important, consider using a waterproof bandage during the time you are swimming.
4. Call us to report severe pain, increasing redness, or drainage of pus.
5. Keep sun exposure to a minimum for 6-9 months after a wound heals to prevent darkening the scar.
6. Red or raised scars may improve in appearance with the use of silicone products (for example, Neosporin Scar Solution).